

# Miss Spokane

*Scholarship Organization*

**2025**

**CONTESTANT  
&  
AMBASSADOR**

**PRODUCTION  
INFORMATION**

# Production Contact

## **Kenzi Kiefer**

Text or call: 509-954-9365

Email: kenzinovell@gmail.com

## Schedule

### **Workshop (Optional)**

Saturday, January 11

11am-4:30pm | The Hive

### **Rehearsal & Photoshoot (Required)**

Sunday, January 26

12:30pm-4pm | The Hive

*See Handout for Photoshoot Outfit Requirements*

### **Rehearsal (Required)**

Sunday, February 2

9am-3:30pm | Dance Center of Spokane

### **Rehearsal (Required)**

Sunday, February 9

9am-3:30pm | Dance Center of Spokane

### **Private Interviews with Judges (Required)**

Saturday, February 15

Individual Times Will Be Given | The Hive

### **Dressing Room Move In, Dress Rehearsal, & Competition (Required)**

Sunday, February 16

9am-1pm | Showtime 2pm

The Bing Crosby Theater

# Show Order

National Anthem

Opening Video

## **Opening Production Dance\***

Introductions\*

Judge Introduction Video

## **On Stage Question\***

Samantha Performance

## **Health & Fitness**

Starling Production Dance

Julia Performance

## **Talent**

Intermission

## **Evening Wear\***

Starling Crownings

Farewell Video

Farewell Walk

## **Finale Production Dance\***

Awards

Crownings

Additional Awards

*\*Ambassadors will participate in the opening production dance, introductions, on-stage question, evening wear, and finale production dance. They will follow the same guidelines as the contestants.*

*There is always a chance that show order may change.*

# Opening Production Dance

**Wardrobe:** All white. Contestants may wear a dress, jumpsuit, pant/top, skirt/top, etc. **Shoes** (any type - heel, flat, tennis shoe, boot, etc.) must be skin color (blends with the contestant's skin) or white. Any socks must be white. Any **accessories** (including belts) may be white, silver, gold, or bronze. Beware of garments that are see-through in stage lights! Make sure everything is lined.

## **YES**

Can raise arms  
Can dance in it (including shoes)  
5" or more inseam

## **NO**

No strapless  
No floor length gowns  
No crop tops  
No midriff  
No booty cheeks  
No bracelets

## **Examples:**



**Choreography:** Will be taught at the first rehearsal.

**Note:** Contestants/Ambassadors will be given their positions and group numbers at rehearsal.

# Introductions

## **Introduction:**

**The introduction should be brief and must include:**

- Name (first and last)
- Career/career goal
- Age (optional)
- Grade/school/degree
- Teen / Miss / Teen Ambassador designation

**The introduction should not include:**

- Contestant number
- Community service initiative

## **Examples:**

- Currently a 12-year-old 7th grader at Sacajawea Middle School, hoping to one day become a teacher, I am teen ambassador Sally Sue!
- I am teen contestant Sally Sue. Currently a 14-year-old freshman at Lewis and Clark High School with plans to be a future veterinarian!
- Currently a 19-year-old freshman attending Gonzaga University pursuing a degree in Communications, I am miss contestant Sally Sue.
- Currently a 23-year-old graduate of Gonzaga University, working as a real estate broker helping people achieve home ownership – I am miss contestant Sally Sue.

**Choreography:** Will be taught at the first rehearsal.

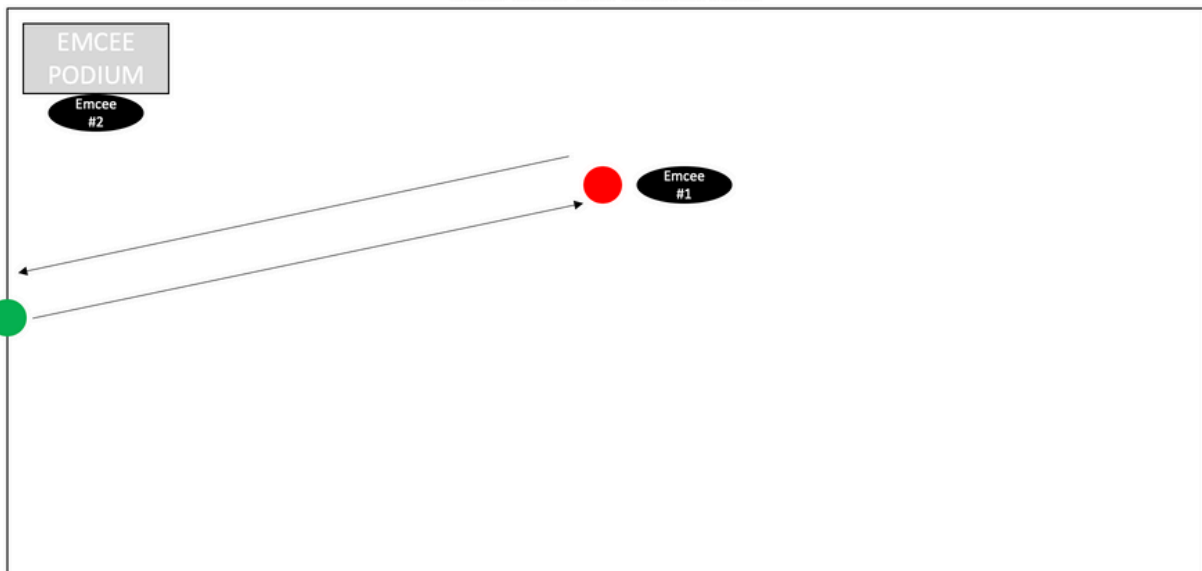
# On Stage Question

**Wardrobe:** Same outfit worn for private interview competition. Examples:



**Choreography:**

JUDGES & AUDIENCE



# On Stage Question

**Note:** The question asked will be about the contestant's/ambassador's personal Community Service Initiative (CSI).

## **Question Examples:**

1. Why is your CSI essential for the Spokane Community?
2. As Miss Spokane/Miss Spokane's Teen, how do you plan to fundraise for your CSI?
3. As Miss Spokane/Miss Spokane's Teen, how will you encourage others to volunteer for your CSI?
4. How can you get people of all ages, young and old, involved with your CSI?
5. How does your CSI positively impact the Spokane community?
6. What is the most important thing that people need to know about your CSI?
7. Why are you passionate about your CSI?
8. What have you done to be involved with your CSI?
9. If you could create a new fundraising event for your CSI, what would it be?
10. If you were to win Miss Spokane/Miss Spokane's Teen, and then win the state competition, how would you take your CSI statewide?
11. What has been your favorite thing you have done with your CSI?
12. If you were to create an app for your CSI, what would it be and why?



# Health & Fitness

**Wardrobe:** Purchased at

<https://rebelathletic.com/collections/curated-styles-for-miss-america-organization>. Contestants may choose from the following combinations:

## **Top Options:**

Rebel Tank in Red

V Neck Sports Bra in Red

Longline Sports Bra in Red

Longline Racerback Sports Bra in Red



## **Bottom Options:**

Legendary Legging in Red Stripe

Iconic Legging in Red

Legendary Flouncy Skirt in Red Contourflex

Sports Skirt in Red

Running Short in Red

Iconic Compression Shorts in Red

Legendary Bike Short in Red



*\*Health and fitness wardrobe approved at the local level is not automatically approved for the state level.*

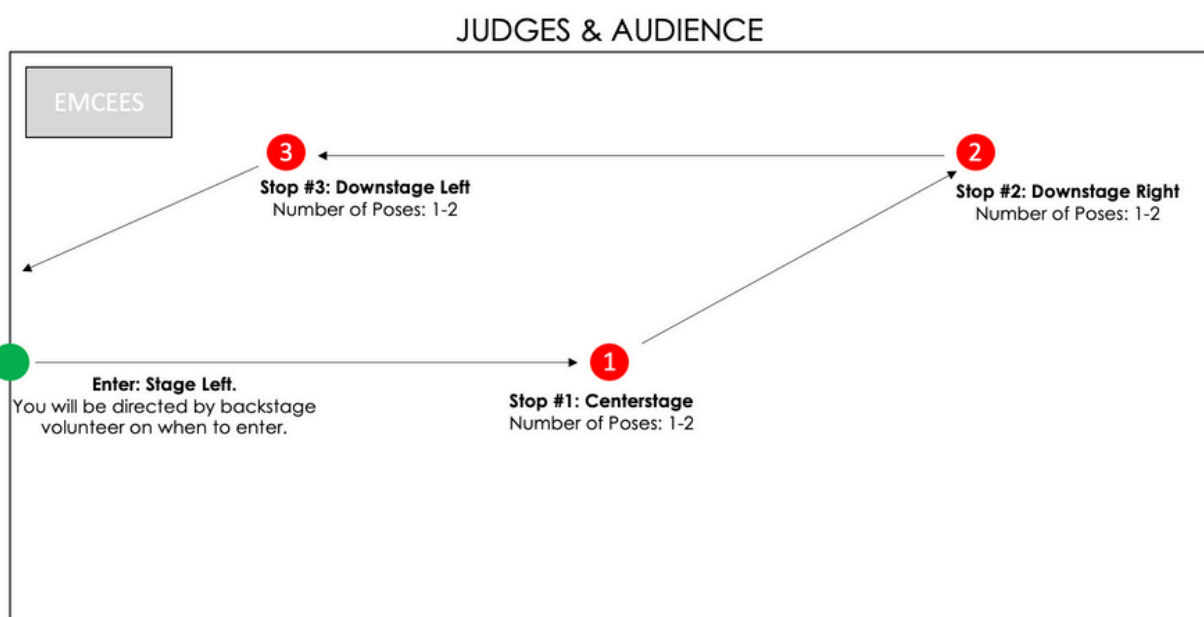


# Health & Fitness

**Wardrobe Continued:** No bling may be added to fitness wardrobe. Contestants may wear stud earrings. No other accessories are allowed. If additional support is needed, a contestant may wear a black sports bra or matching red sports bra underneath her top.

**Shoes:** Solid white tennis shoes (small colored logo is okay). No bling. If socks are worn, they must be white.

## **Choreography:**



**Note:** It is the contestant's responsibility to order her health and fitness wardrobe, making sure that it arrives in time and fits appropriately. Pay special attention to the garments allowed - other options are shown on the Rebel Athletic website, however, only the options listed above are allowed.

# Talent

**Wardrobe:** Contestant's choice! Appropriate for the contestant's talent. Show personality!



**Choreography:** Contestant's choice! All contestants will enter and exit through stage left.

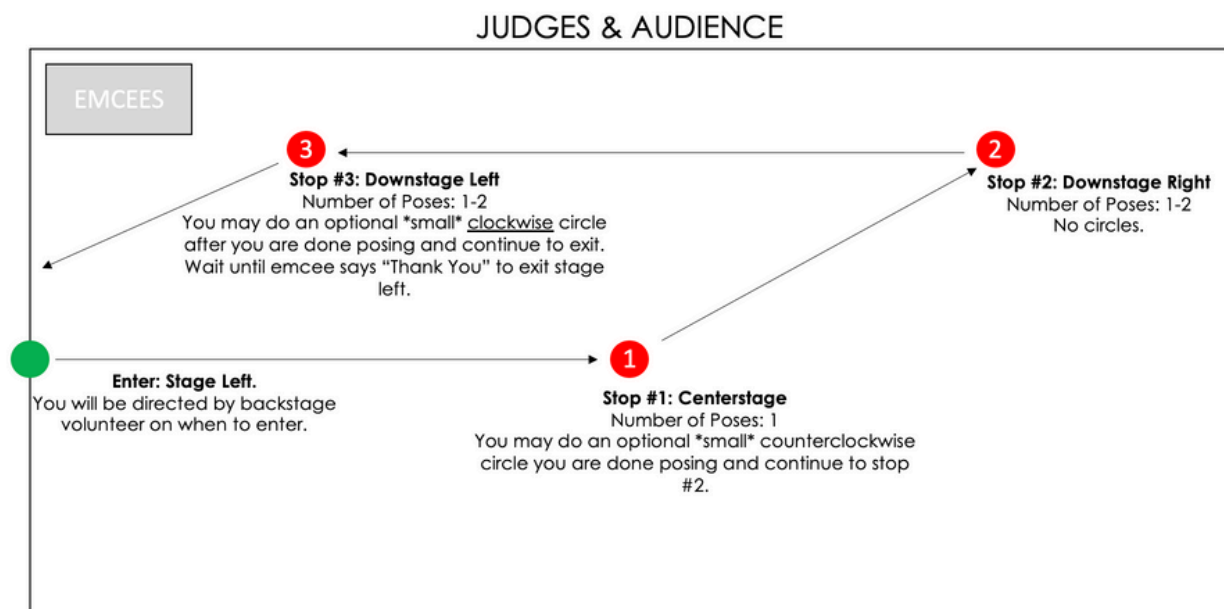
**Note:** Each solo talent performance is 1.5 minutes (90 seconds) maximum from start to finish.

# Evening Wear

**Wardrobe:** Contestant's/ambassador's choice – representative of what the contestant would wear to an "after five" social event. Age appropriate.



## Choreography:



# Theater Packing List

## Allowed Items:

- Up to 2 garment bags (if needed, place smaller bags inside of a large bag and use a rubber band to secure multiple hangers together)
- 1 Suitcase
- 1 Small bag (purse, weekender, or makeup case)
- Snacks and water
- Up to 1 backup outfit per phase (backup outfits are not required)



## Not Allowed:

- Cell phones are allowed backstage but will be collected during rehearsals and competition
- Heavily scented body lotions, sprays, perfumes, etc.
- Garment rack
- Large/full body mirrors
- Large or commercial size streamers

## Remember to Bring:

- All competition wardrobe, shoes, accessories, undergarments (including any backups)
- Hair products, hair styling tools
- Makeup, makeup brushes, makeup wipes

## Consider Bringing:

- Sewing kit, body tape
- Robe and slippers/flip flops (avoid bare feet at all times)
- Deodorant, breath mints

# Wardrobe Packing List

Phase	Outfit	Undergarments	Shoes	Accessories
Interview				
Opening				
Opening Backups				
Fitness				
Fitness Backups				
Talent				
Talent Backups				
Evening Wear				
Evening Wear Backups				

# Tips & Tricks

## **Stage Presence:**

- Practice the opening number choreography! While it is not judged, the judges will be watching.
- Show your personality, confidence, poise, and grace.
- Your facial expressions should interchange - no frozen smiles.
- Stick it: once you hit a pose, stick with it!
- Choreograph your poses - know what you are going to do and what looks best for YOU.
- Stay positive - it will naturally translate in your body language. If something does not go according to plan, smile even bigger!
- Listen to the on stage question being asked. Make sure to answer the question. If needed, ask for it to be repeated.

## **Wardrobe:**

- Practice walking in the shoes you plan to wear on stage. Then practice again!
- Only wear heel heights that YOU can walk in. No bent knees!
- Make sure everything fits - and fits with your shoes (length-wise).
- Dress for your age and personality.
- Remember that judges are seated below the stage level in the front row (no short-short dresses or extremely high slits!)
- Nail polish should be 100% on or 100% off - fingers AND toes. Natural colors look best (light/baby pink, beige, light brown, French tip).

## **Judges:**

- The judges will be instructed to not applaud phases of competition. Do not be phased, upset, offended, or hurt if they appear stoic and do not smile.
- It's okay, and encouraged, to look at judges while on stage.
- The judges (and the audience) can see you the entire time you are on the stage. They may also be able to see you just before and just after you leave the stage, depending on where they are seated.

# Tips & Tricks

## **Backstage:**

- Stay organized throughout the show! Hang wardrobe back up after you take it off. Place belongings back into your bag when you are not using/wearing them. Only keep out the items you might need for touch ups throughout the show (brush, hair spray, etc.)
- When on the stage level: please keep quiet.
- When in the dressing room: hurry up and wait! It's better to be ready and waiting, then wait and rush.
- Do not use the facilities last minute - accidents can happen with wardrobe.
- Pack up everything (except what you need for evening gown) as soon as you are done with talent.

## **Other:**

- Listen to the volunteers.
- Ask questions if you are unsure of anything. Listen to other contestant's questions.
- Focus on your own competition. Do not worry about how the other contestants are performing.
- Focus on one phase of competition at a time. Once you have completed that phase, move on and focus on the next phase. Do not dwell on anything that might not have gone according to plan.
- Help each other out. If you see someone with a hair out of place, lipstick on her teeth, or an undone zipper - let them know! If you can, offer to help.
- Applaud for any award recipient and congratulate anyone who wins anything! Boost each other up and cheer for each other.
- Stay on stage after the new titleholders are crowned for group photos. Stay until you are dismissed. Listen to when you are called for a photo. Family may not come on stage nor come backstage at any time.



